PSYCHOLOGY EXTERNSHIP PROGRAM
DEPARTMENT OF FAMILY AND CLINICAL SERVICES
AHRC-NYC

Introduction

The Department of Family and Clinical Services of AHRC-NYC is offering a Psychology Externship program for third and fourth year predoctoral students interested in gaining experience in the evaluation and treatment of people with Intellectual and other Developmental Disabilities (I/DD) and their families. AHRC is one of the oldest and most comprehensive social service agencies for the I/DD population of the five boroughs of New York City. AHRC-NYC’s mental health arm is the “Article 16” clinic in the Department of Family and Clinical Services which provides treatment for individuals diagnosed with both I/DD and a DSM-5 disorder. The clinic also provides evaluations to assist the Office for People with Developmental Disabilities (OPWDD) in determining the eligibility of people for the services provided by OPWDD. Clinical services are provided in AHRC-NYC’s main office in the financial district of Manhattan and at a satellite clinic in the Fordham area of the Bronx.

The purpose of the externship is to provide predoctoral psychology students varied supervised experience in evaluating and treating this group of people whose special needs can be addressed by psychologists working in a multidisciplinary outpatient setting. To qualify for the externship, students must be enrolled in an APA accredited doctoral program, have completed their second year of graduate school and had experience in doing psychotherapy and assessing people’s cognitive and adaptive behavioral functioning. The student’s graduate program will provide a staff member who will serve as liaison with the externship and provide insurance coverage for the student. The externship will provide experiences which will meet the graduate program’s requirements for fieldwork.

Students enrolled in the program are involved in providing treatment and assessment services under the supervision of a licensed psychologist. The externship will also provide opportunity for students to participate in weekly didactic and staff conference meetings involving psychologists, social workers and other members of the multidisciplinary treatment team.

Program Details

The program will begin in early July 2018 and end at the end of June 2019. It will be comprised of two 4 ½ month semesters. Students are required to attend both semesters. Students will provide services at clinic sites at 83 Maiden Lane in Manhattan and 2488 Grand Concourse in the Bronx. Schedules for working in these locations will be determined by the externship director and be based on program needs, student preferences and available days. Didactic and Staff Conferences will be held on Tuesday AM at the Maiden Lane site and may be attended via Skype. Students are required to present a letter from their DCT documenting permission to participate in either a 16 or 20 hour per week externship.
Schedule:

Days at externship program are individualized based on student’s available time; however, students may attend the Didactic/Staff conferences on Tuesday from 9:30 to 10:30 via Skype.

Days Off:

Agency is closed on the following national holidays: New Year’s day; Martin Luther King’s Birthday; Presidents Day; Memorial Day; Independence Day; Labor Day; Thanksgiving Day and the day after Thanksgiving; Christmas Day

Students can take up to five vacation days with prior approval of supervisor

Psychological Testing;


Therapy

As noted above, the clinic provides treatment to people with I/DD and co-occurring DSM-5 disorders and their families. Treatment includes individual, family and collateral therapy and is provided once or twice a week in 30 minute sessions.

Workload

Students will carry a therapy caseload of 4 to 6 individuals/families and perform approximately 1½ psychological evaluations per week.

Didactics/Staff Conferences

All students may attend a weekly meeting Tuesdays from 9:30 to 10:30 in the Main Office and may be attended via Skype. The meeting is attended by the psychology staff, psychology interns from the department’s APA accredited internship program, clinic social work staff and other AHRC staff working in the clinic. Presentations are made by staff members and invited guests and focus on research on and treatment of people with I/DD. Students will have the opportunity to present cases to the staff for consultation at several of these meetings.

Supervision

Students will be assigned to a licensed psychologist who will provide two hours of scheduled 1 to 1 supervision weekly. Senior staff will be available at all times to provide consultation as needed.
Application Procedures

Please submit the following information titled Externship Application to david.louick@ahrcnyc.org

- Current CV
- One page cover letter summarizing your clinical experience and interests
- A test report (identifying information redacted) including assessment of cognition
- Two letters of recommendation
- Letter from DCT verifying permission to attend either a 16 or 20 hour externship

Specific questions can be sent to David Louick at the address above

Application/Acceptance process

- Applications can be submitted no earlier than 9:00AM on Tuesday January 16, 2018
- Qualifying students will be informed of interviews via e-mail
- Offers will be made no earlier than 9:00AM on Monday February 26, 2018
- After receiving an offer, students will have until 12:00PM on the 2nd business day after receiving the offer to accept the offer